

# Contemporary OB/GYN Associates, LLC

## Confidential Medical History

**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
Race: \_\_\_\_\_ African American \_\_\_\_\_ Asian \_\_\_\_\_ Caucasian \_\_\_\_\_  
\_\_\_\_\_ Hispanic \_\_\_\_\_ Other \_\_\_\_\_

### Past Medical History

**Gynecological History:** Please Mark All That Apply  
\_\_\_\_\_ Abnormal Pap Smear \_\_\_\_\_ Hx of STD  
\_\_\_\_\_ Cervical Cancer \_\_\_\_\_ Menopausal Symptoms  
\_\_\_\_\_ Cervical Dysplasia \_\_\_\_\_ Performance of Monthly Self Breast Exams  
\_\_\_\_\_ Cervical Polyp \_\_\_\_\_ Uterine Prolapse  
\_\_\_\_\_ Endometriosis \_\_\_\_\_ Vaginal Prolapse  
\_\_\_\_\_ Irregular Menses \_\_\_\_\_ Other \_\_\_\_\_

**Breast History:** Please Mark All That Apply  
\_\_\_\_\_ Abnormal Mammogram \_\_\_\_\_ Breast Cysts / Mass  
\_\_\_\_\_ Breast Cancer \_\_\_\_\_ Other: \_\_\_\_\_  
\_\_\_\_\_

**Cardiovascular History:** Please Mark All That Apply  
\_\_\_\_\_ Cardiac Arrest \_\_\_\_\_ Mitral Valve Prolapse  
\_\_\_\_\_ Hypertension \_\_\_\_\_ Phlebitis  
\_\_\_\_\_ Deep Venous Thrombosis \_\_\_\_\_ Transient Ischemic Attack  
\_\_\_\_\_ Heart Murmur \_\_\_\_\_ Other: \_\_\_\_\_  
\_\_\_\_\_

**Endocrinology History:** Please Mark All That Apply  
\_\_\_\_\_ Crohn's Disease \_\_\_\_\_ Hypothyroidism  
\_\_\_\_\_ Diabetes \_\_\_\_\_ Ovarian Dysfunction  
\_\_\_\_\_ High Cholesterol \_\_\_\_\_ Vitamin Deficiency  
\_\_\_\_\_ Hyperthyroidism \_\_\_\_\_ Other: \_\_\_\_\_  
\_\_\_\_\_

**Hematologic History:** Please Mark All That Apply  
\_\_\_\_\_ Anemia \_\_\_\_\_ Other: \_\_\_\_\_  
\_\_\_\_\_

**Psychiatric History:** Please Mark All That Apply  
\_\_\_\_\_ Anxiety \_\_\_\_\_ Other: \_\_\_\_\_  
\_\_\_\_\_ Depression \_\_\_\_\_

Patient Signature: \_\_\_\_\_

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**Surgical History:** Please Indicate Any Surgical Procedure You Have Undergone As Well The Year

Procedure	Location	Year

**Medications:**

Medication	Prescribed By	Dose

**Allergies:** Please List All Medication Allergies

Medication	Symptoms / Reactions

**Family Medical History:** Please Mark All That Apply and Give Relation

		Breast Cancer			Glaucoma
		Cervical Cancer			Heart Disease
		Ovarian Cancer			Hypertension
		Uterine Cancer			Multiple Births
		DVT			Osteopenia
		Diabetes			Other

**Patient Signature:** \_\_\_\_\_

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### Menstrual History:

\_\_\_\_\_ Age of Onset  
 \_\_\_\_\_ Cycle Duration  
 \_\_\_\_\_ Cycle Interval  
 \_\_\_\_\_ Last Menstrual Period  
 \_\_\_\_\_ If Menopausal, year menses stopped

### Obstetrical History:

Date	Hospital	Sex	Type of Delivery	Infant Weight	Months	Complications

Please Mark All That Apply

\_\_\_\_\_ Breech Delivery  
 \_\_\_\_\_ Cervical Incompetence  
 \_\_\_\_\_ Ectopic  
 \_\_\_\_\_ Gestational Diabetes  
 \_\_\_\_\_ Infertility  
 \_\_\_\_\_ Miscarriage  
 \_\_\_\_\_ Pre-Term Labor  
 \_\_\_\_\_ Post Partum Depression  
 \_\_\_\_\_ Termination  
 \_\_\_\_\_ Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### Social History: Please Mark All That Apply

\_\_\_\_\_ Alcohol Use  
 \_\_\_\_\_ Illicit Drug Use  
 \_\_\_\_\_ Increased Risk of Infection  
 \_\_\_\_\_ Multiple Sexual Partners  
 \_\_\_\_\_ New Sexual Partner  
 \_\_\_\_\_ Other \_\_\_\_\_  
 \_\_\_\_\_

### Exercise Regimen:

\_\_\_\_\_ Active: (4 or More Days Weekly)  
 \_\_\_\_\_ Moderate: (1 - 3 Days Weekly)  
 \_\_\_\_\_ Minimal: (1 Day a Week)  
 \_\_\_\_\_ Sedentary

### Are you or have you ever been a victim of:

\_\_\_\_\_ Physical Abuse  
 \_\_\_\_\_ Emotional Abuse

### Religion:

\_\_\_\_\_ Christian  
 \_\_\_\_\_ Jehovah Witness  
 \_\_\_\_\_ Jewish  
 \_\_\_\_\_ Hindu  
 \_\_\_\_\_ Muslim  
 \_\_\_\_\_ Other \_\_\_\_\_

Patient Signature: \_\_\_\_\_