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**Preferred Methods of Contacting the Patient**

\_\_\_\_\_  
 Patient Name (Please Print) \_\_\_\_\_  
 Date

Please provide us with your preferred mailing location for any communications:

\_\_\_\_\_  
 Street Address

\_\_\_\_\_  
 City, State, Zip Code

Please provide our office with your preferred means of telephone number(s) to be used when trying to contact you:

( ) \_\_\_\_\_ ( ) \_\_\_\_\_  
 (Primary) (Secondary)

Please provide our office with your preferred means of appointment confirmation (select one). Please note, the confirmations are performed via an automated attendant and messages will be left on your preferred available answering machine or voice mail:

( ) \_\_\_\_\_ (Home Phone) \_\_\_\_\_ Yes \_\_\_\_\_ No  
 ( ) \_\_\_\_\_ (Cell Phone) \_\_\_\_\_ Yes \_\_\_\_\_ No  
 \_\_\_\_\_ (Email) \_\_\_\_\_ Yes \_\_\_\_\_ No

In order for us to further protect your medical information when you are calling our office for your results, further medical advice and/or when your upcoming appointments are scheduled, we ask that you provide our office with a password as a means of verification that we are speaking with you.

\_\_\_\_\_  
 Password for telephonic communication

I request and authorize Contemporary OB/GYN Associates, LLC to release the following information regarding myself to the following designated individual(s). I understand that this release and authorization can be revoked by me at any time whether the request is provided in writing or verbally. I understand that this release will expire one year from the date of my signature or as otherwise specified by date or event:

Printed Individual's Name	Expiration Date / Event	Information to be Released

This authorization does not permit the release the patient's HIV status, STD results and/or psychological treatment.

\_\_\_\_\_  
 Patient Signature